**Growth Group Questions 2019/20**

**Session 4 – Matthew 6:25-34**

In this passage Jesus challenges the motives behind our worry.

1. Do you think worry is an issue for us? In what ways are we prone to worry?
2. What questions do we ask others and ourselves when we worry? What do these questions reveal about the underlying nature of most of our anxieties?
3. What do the things that cause you to worry tell you about your view of God?
4. How does Jesus reminding us of God as Father help relieve anxiety?
5. How might this passage be used for comfort when you next ask questions such as why did this happen, could I have prevented it, what will the outcome be, do I have what it takes to make it through?

Pray

Prayer points:

1. Pray for something that has stood out from tonight’s study.
2. Pray for each other’s worries together.